



LA LINGUA LA VITA

presents

FOOD, WINE and ITALIAN COURSE

Do you love Italian and cooking?

We look forward to having you come to Todi where we'll organize Italian lessons for you in the morning and then meet up every afternoon to share each of the following experiences together:

- Dining in a typical restaurant featuring Umbrian cuisine
- Tasting our region's best wines
- Sampling typical cheeses
- Cooking and eating our town's typical cuisine in the home of a very nice and exceptional native cook of Todi.

One-week course

20 hours of Italian – group lessons

Sunday

Afternoon

Arrival at family home, or apartment.

Supper at home.

Monday

9.00 - 13.00

Italian group lesson with mother tongue teacher. Lunch (not included).



18.30

Aperitifs in a wine bar in the center of the town.

19.30/20.00

Supper in a typical Todi restaurant, accompanied by one of our teachers.

Tuesday

9.00 - 13.00

Italian group lesson with mother tongue teacher. Lunch (not included).

15.00

Departure for Orvieto, accompanied by one of our teachers.

18.00

Wine tasting and appetizers at one of the best wineries in Orvieto or Montefalco. Supper at home.

Wednesday

9.00 - 13.00

Italian group lesson with mother tongue teacher. Lunch (not included).

17.30/18.00

Relax with an ice cream or a long drink at the bar, in the company of one of our teachers. Supper at home.

Thursday

9.00 - 13.00





Italian group lesson with mother tongue teacher. Lunch (not included).

15.30

Field trip to a local oil mill where participants can learn about the oil-making process.

18.30

Return to Todi. Supper at home.



Friday

9.00 - 13.00

Italian group lesson with mother tongue teacher. Lunch (not included).

17.00

Cooking course with Fioreza in her beautiful home in the Umbrian countryside. Everyone is welcome to participate in the preparation of her traditional Italian dishes and then sit down to eat them — even the *Limoncello* is homemade!

22.00

Return home.

Saturday

Final goodbyes and departure.

- Spring hill hikes with experts, to look for wild asparagus and aromatic herbs.
- Fall hill hikes with experts, to look for edible mushrooms.
- September visit to an Umbrian vineyard during the grape harvest and first pressing.
- October excursion to the Euro-chocolate event in Perugia.
- November visit to an Umbrian oil mill during the olive harvest and first extraction.

Italian Lessons

Groups of 4-8 participants: 4 hours a day, 20 hours a week.

Groups of 2-3 participants: 3 hours a day, 15 hours a week.

Individual: 2 hours a day, 10 hours a week.

Extra Italian lessons: €35 an hour.



COST Food, Wine and Italian Course:

<u>Italian Language Course with a host family (half board)</u> <u>and cultural activities</u>: €820,00 + €60,00 (registration fee) <u>Italian Language Course in an independent apartment and cultural activities</u>: €780,00 + €60,00 (registration fee)

In case of an only student, an additional amount of 30,00 euros will be requested for each afternoon activity.

Depending on the time of year, some activities can be substituted.