

**LA LINGUA LA VITA**  
*presents*  
**HORSE RIDING COURSES**



Italian language courses are in the morning and riding lessons in the afternoon.

This course is designed for people who love to horseback ride as well as improve their knowledge of the Italian language.

TEACHING is based on two key moments of learning, the collective and the individual. The first concerns lessons in class, where Italian language grammar and structures are studied and practiced both inside and around town, with the guidance of one of our highly skilled Italian language teachers. The second includes horseback riding lessons that are taught by an Umbrian expert who provides practical instruction as well as equestrian theory in Italian.

THE CITY that hosts these courses is TODI, in Umbria, the 'Green Heart of Italy'. It is a medieval town that sits atop a hill in the lush greenery of the Umbrian countryside.

THE COURSE is a minimum of one week, Monday to Friday, with 20 hours of Italian language group classes held each morning from 9am-1pm. The riding lessons, which take place in the Umbrian countryside near Todi, are instead at the discretion of the student who may choose to attend 1 hr, 2 hr, or half day lessons.

ACCOMMODATION is provided in selected family homes or in private apartments either in or near the center of Todi.

**ARRIVAL**

Expected arrival is on Sunday at the host family or in a private apartment.

**THE PROGRAM**

**Monday – Friday**

9:00-13:00

Italian language lessons which review the grammar and structure of the language, while focusing on conversation, listening, reading and writing.

In the afternoon

Students are free to choose the horseback riding classes they prefer according to their needs and comfort. Courses can be customized and lessons will take place under the guidance of expert riding instructors. The levels of choice include:

***Beginner*** (little or no experience):

Students are at all times accompanied by the instructor and lessons are given inside an enclosed ring.

***Intermediate*** (some experience or knowledge of basic horseback riding):

These classes will help experienced riders further develop their equestrian skills both in the arena and outdoors.

**Expert** (good knowledge and mastery of riding horses at different gaits):

Both inside the arena and outdoors. You can complete the lessons in small groups in a didactic manner, starting with team activities both indoors and outside, and culminating with walks along the Umbrian countryside.

#### **Saturday**

Farewells and departure.

#### **COST**

**Italian Language Course *with* a host family (half board):**  
**€ 485,00 + €60,00 (registration fee)**

**Italian Language Course in an independent apartment:**  
**€ 465,00 + €60,00 (registration fee)**

#### **Riding lessons:**

€ 40,00 per horse for 1 hour.

€ 55,00 per horse for 2 hours.

€ 70,00 per horse for ½ day.