

# Walking and Talking in Lucca

16 hrs/week group course in the morning from 9 am to 1 pm and fascinating walks through the natural beauty the region has to offer

#### Lucca





1 week-program €620 Special price for one additional week: Italian Language and Culture €150

Italian Walking & Talking is a 1-week long program for people who would like to combine learning Italian in the mornings with afternoons spent walking through the various types of natural beauty Tuscany has to offer.

Students discover the beautiful tuscan scenery with an expert guide and language teacher who shares their love of walking off the tourist track.

Please note, the course requires a minimum of two students.





# Walking and Talking



#### **Monday**

#### La città: An urban walk "The City from the Walls"

This walk will help students get to know Lucca and the surrounding areas from the viewpoint of the Renaissance walls that encircles the city. The impressive green belt surrounding the historical center proposes a special way to admire the ever-changing scenery of the beautiful view of hills in the distance, or the city below with its unique charm of an ancient history and a modern daily life. The walk ends with a welcoming drink at one of Lucca's bars.

## Tuesday

La collina: A walk through the olive groves and vineyards that surround the historical homes of the old nobility of Lucca. When you think about Tuscany, you probably visualize medieval villages, old churches, green cypress-lined roads and even hidden corners, set within a picturesque landscape of green fields, vineyards, silvery-green olive trees and rolling down hills. Well the good news is that it genuinely exists!

### Wednesday

Il mare: Exploring the Ligurian Coast. Full day excursion. A walk on the seaside path through vineyards, copses of oak, alder, pine and juniper trees, cliffs, ancient pilgrimage routes, Roman roads. You will enjoy the breathtaking panoramic view of the whole coastal line of the Cinque Terre. Packed lunch.

## Thursday

La montagna: A walk through the mountains. This walk will take students through the mountains north of Lucca, known as Garfagnana, the "green lungs of Tuscany." From the peaks you can enjoy amazing views that range from the Apenines and the Apuan Alps, to the gentle rolling hills and the medieval villages.

## Friday

# Free afternoon to enjoy the city

Please note that the course requires a minimum of two participants.

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Lucca: Mar 21 - April 04 - May 2 - June 13 - Sept 19 - Oct 3, 17